

# Spring



## JACKI'S SPRING AEROBICS

**ESCANABA CIVIC CENTER GYM**

**225 NORTH 21ST STREET**

*PHONE 786-4141 FOR REGISTRATION AND  
PROGRAM INFORMATION*

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## 2017 SPRING SESSION

**10 WEEKS**

**April 5th—June 15th**

Dance **AND/OR** Step \$100

Attend as many dance or step sessions as you like for this low price  
or drop in to any class for just \$5 per class.

- \* No make-up days for inclement weather or holidays; cancellation at discretion of Recreation Director. If school is cancelled, the aerobic session will also be cancelled.
- \* Evening session will be held in Meeting Room 121.
- \* Step exercise equipment provided.
- \* Bring exercise mat or heavy bath towel for dance class, which does include some floor exercises.

**Dance classes are held Monday – Thursday from 9:30 a.m. – 10:30 a.m.  
Monday—5:30 p.m.—6:30 p.m.**

**Step classes are held Tuesday and Thursday from 5:30 p.m. – 6:30 p.m.**